

Client Consent Form Contract

ADVISING is a confidential educational process designed to help you better understand the origins of maladaptive behaviors, come to a greater understanding of yourself, and learn effective personal and interpersonal de-escalation strategies. It involves a relationship between you and a trained advisor who has the desire and willingness to share education of a scientific and arts-based nature. Advising does not require sharing sensitive, personal, and/or private information that may at times be distressing, however a client may choose to share this type of information. Due to the nature of the educational approach to advising, there may be periods of increased anxiety or confusion. The outcome of advising is often positive; however, the level of satisfaction for any individual is not predictable. Any new or worsening emotional symptoms that arise over the course of advising will be referred to a licensed therapeutic professional.

CONFIDENTIALITY:

All interactions with Asylum Advising performance executive and life coach services, including scheduling of, or attendance at appointments, content of your sessions, progress in advising, and your records are confidential. No record of advising is contained in any academic, educational, or job placement file. You may request in writing that the advisor release specific information about your advising to persons you designate.

EXCEPTIONS TO CONFIDENTIALITY:

- If there is evidence of clear and imminent danger of harm to self and/or others, a coach is legally required to report this information to the authorities responsible for ensuring safety.
- Arizona state law requires that staff of Asylum Advising, performance executive and life coach services who learn of, or strongly suspect, physical or sexual abuse or neglect of a child under age 18, an elder over the age of 60, or a person with a disability must report this information to

county Departments of Child Safety, Adult Protective Services, and the Department of Disability, respectively.

- A court order, issued by a judge, may require the Asylum Advising, performance executive and life coach services staff to release information contained in records and/or require an advisor to testify in a court hearing.

We appreciate prompt arrival for appointments. Please notify us by texting 602-688-9148 if you will be late. Twenty-four hour notice of cancellation allows us to use the time for others. We will issue a 30% fee to cancel within 24 hours, and a 50% no-show fee.

The fee for personal advising services is \$108/hour for a 50 minute individual session, or \$48 for a 90 minute group session. Executive advising starts from \$180-\$480 depending on service. These fees must be paid prior to service and can be paid easily through Venmo @Asylum, PayPal @AsylumArtEd, Cash App \$RealAsylum, or Zelle to info@asylumadvising.com. We believe in the value of our service, but if you do not find benefit in our service, please contact us and we will consider a refund.

I have read and discussed the above information with my advisor. I understand the risks and benefits of advising, the nature and limits of confidentiality, and what is expected of me as a client of the Asylum Advising.

Client, Printed Name

Advisor, Printed Name